



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

**Bischof, Falko**

Club: Friedrichroda  
Number: 242

Course: 20.00 km  
20km Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:07:56

Speed: 9.38 km/h  
Running performance: 6:24 min/km

Rank in course/Total: 345 (of 418)

Rank in course/Men: 268 (of 300)

Best time in course: 1:08:15

Rank in category: 46(of 50)

Best time in the category: 1:23:03