



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Fromm, Michael

Club: Budokan Saal
Number: 202

Course: 20.00 km
20km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:08:16

Speed: 9.36 km/h
Running performance: 6:25 min/km

Rank in course/Total: 346 (of 418)

Rank in course/Men: 269 (of 300)

Best time in course: 1:08:15

Rank in category: 45(of 52)

Best time in the category: 1:17:50