



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Fennemann, Dagmar

Club: Just For Run 50 +/-

Number: 20

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 2:09:13

Speed: 9.29 km/h

Running performance: 6:28 min/km

Rank in course/Total: 352 (of 418)

Rank in course/Women: 80 (of 118)

Best time in course: 1:28:58

Rank in category: 7(of 11)

Best time in the category: 1:40:22