



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Bahke, Ralph

Club: Leipzig

Number: 51

Course: 20.00 km

20km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:09:54

Speed: 9.24 km/h

Running performance: 6:30 min/km

Rank in course/Total: 354 (of 418)

Rank in course/Men: 274 (of 300)

Best time in course: 1:08:15

Rank in category: 47(of 52)

Best time in the category: 1:17:50