



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Lüttje, Conny

Club: Just For Run 50 +/-

Number: 88

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:10:08

Speed: 9.22 km/h

Running performance: 6:31 min/km

Rank in course/Total: 358 (of 418)

Rank in course/Women: 83 (of 118)

Best time in course: 1:28:58

Rank in category: 12(of 15)

Best time in the category: 1:37:51