



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Gehrke, Jörg

Club: Erfurt  
Number: 280

Course: 20.00 km  
20km Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:10:51

Speed: 9.17 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 364 (of 418)

Rank in course/Men: 277 (of 300)

Best time in course: 1:08:15

Rank in category: 31(of 32)

Best time in the category: 1:11:00