



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Riemann, Fränkie

Club: SV Ilmtal Manebach

Number: 459

Course: 20.00 km

20km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:13:06

Speed: 9.02 km/h

Running performance: 6:40 min/km

Rank in course/Total: 370 (of 418)

Rank in course/Men: 282 (of 300)

Best time in course: 1:08:15

Rank in category: 48(of 52)

Best time in the category: 1:17:50