



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

von Hollen, Kerstin

Club: Just For Run 50 +/-

Number: 45

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:15:32

Speed: 8.85 km/h

Running performance: 6:47 min/km

Rank in course/Total: 379 (of 418)

Rank in course/Women: 96 (of 118)

Best time in course: 1:28:58

Rank in category: 23(of 25)

Best time in the category: 1:31:03