



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Wieners, Sandra

Club: Sprockhövel

Number: 245

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:21:57

Speed: 8.45 km/h

Running performance: 7:06 min/km

Rank in course/Total: 400 (of 418)

Rank in course/Women: 107 (of 118)

Best time in course: 1:28:58

Rank in category: 27(of 27)

Best time in the category: 1:28:58