



24. Rennsteig Herbstlauf  
Masserberg / 05.10.2014

Detailed evaluation

Döpel, Astrid

Club: TuS Jena e.V.  
Number: 79

Course: 20.00 km  
20km Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 2:21:47

Speed: 8.46 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 398 (of 418)  
Rank in course/Women: 104 (of 118)  
Best time in course: 1:28:58

Rank in category: 13(of 15)  
Best time in the category: 1:37:51