24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Heun, Thomas

Club: FC Sachsendorf
Number: 173

Course: 20.00 km
20km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:23:27

Speed: 8.37 km/h
Running performance: 7:10 min/km

Rank in course/Total: 403 (of 418)

Rank in course/Men: 295 (of 300)

Best time in course: 1:08:15

Rank in category: 49(of 49)

Best time in the category: 1:15:51