



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Härtel, Sonja

Club: Butzbach

Number: 239

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:35:06

Speed: 7.74 km/h

Running performance: 7:46 min/km

Rank in course/Total: 413 (of 418)

Rank in course/Women: 115 (of 118)

Best time in course: 1:28:58

Rank in category: 25(of 25)

Best time in the category: 1:31:03