



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Freitag, Roman

Club: Kath. Laufjugend ARN
Number: 373

Course: 20.00 km
20km Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:26:43

Speed: 13.84 km/h
Running performance: 4:20 min/km

Rank in course/Total: 25 (of 418)

Rank in course/Men: 25 (of 300)

Best time in course: 1:08:15

Rank in category: 11(of 32)

Best time in the category: 1:11:00