



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Nowottnick, Sven

Club: Naumburg SV05

Number: 10002

Course: 10.00 km

10km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 57:40

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course/Total: 32 (of 87)

Rank in course/Men: 27 (of 45)

Best time in course: 35:55

Rank in category: 3(of 6)

Best time in the category: 52:56