



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Baumgärtner, Michael

Club: 50 Hertz

Number: 467

Course: 20.00 km

20km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:28:30

Speed: 13.56 km/h

Running performance: 4:25 min/km

Rank in course/Total: 30 (of 418)

Rank in course/Men: 30 (of 300)

Best time in course: 1:08:15

Rank in category: 5(of 38)

Best time in the category: 1:08:15