



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Kirchner, Holger

Club: SV Werra 07

Number: 384

Course: 20.00 km

20km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:28:34

Speed: 13.55 km/h

Running performance: 4:26 min/km

Rank in course/Total: 31 (of 418)

Rank in course/Men: 31 (of 300)

Best time in course: 1:08:15

Rank in category: 4(of 31)

Best time in the category: 1:16:38