



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Blum, Constanze

Club: SC MotorZella-Mehlis

Number: 97

Course: 20.00 km

20km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:28:58

Speed: 13.49 km/h

Running performance: 4:27 min/km

Rank in course/Total: 34 (of 418)

Rank in course/Women: 1 (of 118)

Best time in course: 1:28:58

Rank in category: 1(of 27)

Best time in the category: 1:28:58