



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Leathäuser, Ralf

Club: LG Süd - GMRV

Number: 458

Course: 20.00 km

20km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:31:16

Speed: 13.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 42 (of 418)

Rank in course/Men: 40 (of 300)

Best time in course: 1:08:15

Rank in category: 6(of 49)

Best time in the category: 1:15:51