



24. Rennsteig Herbstlauf
Masserberg / 05.10.2014

Detailed evaluation

Wörner, Heike

Club: TSV Untergruppenbach
Number: 10049

Course: 10.00 km
10km Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:28

Speed: 9.45 km/h
Running performance: 6:21 min/km

Rank in course/Total: 43 (of 87)
Rank in course/Women: 11 (of 42)
Best time in course: 47:03

Rank in category: 3(of 8)
Best time in the category: 52:56