



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Rutkowski, Josefine

Club: Sportteam Steinbach

Number: 164

Course: 20.00 km

20km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:32:40

Speed: 12.95 km/h

Running performance: 4:38 min/km

Rank in course/Total: 49 (of 418)

Rank in course/Women: 3 (of 118)

Best time in course: 1:28:58

Rank in category: 1(of 15)

Best time in the category: 1:32:40