



24. Rennsteig Herbstlauf

Masserberg / 05.10.2014

Detailed evaluation

Nahr, Lukas

Club: SV08 Steinach

Number: 397

Course: 20.00 km

20km Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 1:32:44

Speed: 12.94 km/h

Running performance: 4:38 min/km

Rank in course/Total: 50 (of 418)

Rank in course/Men: 47 (of 300)

Best time in course: 1:08:15

Rank in category: 1(of 4)

Best time in the category: 1:32:44