



2. Hennesee Panorama Lauf  
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Küper, Max

Club: Ruderclub Meschede  
Number: 717

Course: 5.00 km  
Jogginglauf

Category:  
männliche Jugend U18 (16-17 Jahre)

Total time: 24:50

Speed: 12.08 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 7 (of 17)

Rank in course/Men: 7 (of 12)

Best time in course: 20:40

Rank in category: 3(of 3)

Best time in the category: 21:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	2.50	12:08	4:51	3	0:58	5	0:59	2.50	12:08	4:51	2	0:58	4	0:58
Finish	2.50	12:42	5:04	3	2:48	7	3:11	5.00	24:50	4:58	3	3:46	7	4:10