



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Kalkhof, Martin

Club: KCKB eV
Number: 647

Course: 17.50 km
Panorama Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:01:09

Speed: 8.42 km/h
Running performance: 6:55 min/km

Rank in course/Total: 68 (of 71)

Rank in course/Men: 53 (of 54)

Best time in course: 1:08:26

Rank in category: 5(of 5)

Best time in the category: 1:20:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	35:07	7:01	5	10:57	53	14:55	5.00	35:07	7:01	5	10:57	26	5:31
Kontrolle	5.00	34:26	6:53	5	10:37	53	14:13	10.00	1:09:33	6:57	5	21:34	26	9:20
Control	5.00	33:26	6:41	5	11:37	53	14:41	15.00	1:42:59	6:51	5	33:11	26	15:02
Finish	2.50	18:10	7:16	5	7:03	53	9:04	17.50	2:01:09	6:55	5	40:14	53	52:43