



2. Hennesee Panorama Lauf  
 Meschede - Hennesee / 05.10.2014

Detailed evaluation

**Buhren, Susanne**

Club: FC Schalke 04  
 Number: 614

Course: 10.00 km  
 10.000 m Lauf

Category:  
 Seniorinnen W45 (45-49 Jahre)

Total time: 48:08  
 Speed: 12.47 km/h  
 Running performance: 4:49 min/km  
 Rank in course/Total: 4 (of 26)  
 Rank in course/Women: 2 (of 17)  
 Best time in course: 46:59  
 Rank in category: 1(of 4)  
 Best time in the category: 48:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Total ranking			
											Pos	Behind	Pos	Behind
Control	5.00	24:15	4:50	1	-	2	0:49	5.00	24:15	4:50	1	-	17	
Finish	5.00	23:53	4:46	1	-	2	0:20	10.00	48:08	4:48	1	-	2	1:09