



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Schürmann, Anja

Club: Koblenz
Number: 743

Course: 10.00 km
10.000 m Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 54:48

Speed: 10.95 km/h
Running performance: 5:29 min/km

Rank in course/Total: 8 (of 26)
Rank in course/Women: 3 (of 17)
Best time in course: 46:59

Rank in category: 1(of 1)
Best time in the category: 54:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Control	5.00	27:46	5:33	1	-	3	4:20	5.00	27:46	5:33	1	-	16		
Finish	5.00	27:02	5:24	1	-	3	3:29	10.00	54:48	5:28	1	-	3	7:49	