



2. Hennesee Panorama Lauf  
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Wandmacher, Dorothee

Club: TSV Bigger Olsberg  
Number: 740

Course: 10.00 km  
10.000 m Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 55:51

Speed: 10.74 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 9 (of 26)  
Rank in course/Women: 4 (of 17)  
Best time in course: 46:59

Rank in category: 2(of 4)  
Best time in the category: 48:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking							
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Control	5.00	28:30	5:42	2	4:15	5	5:04	5.00	28:30	5:42	2	4:15	15		
Finish	5.00	27:21	5:28	2	3:28	4	3:48	10.00	55:51	5:35	2	7:43	4	8:52	