



2. Hennesee Panorama Lauf
 Meschede - Hennesee / 05.10.2014

Detailed evaluation

Hülsmann, Svenja

Club: Warstein
 Number: 785

Course: 10.00 km
 10.000 m Lauf

Category:
 Frauen (20-29 Jahre)

Total time: 56:00

Speed: 10.71 km/h
 Running performance: 5:36 min/km

Rank in course/Total: 10 (of 26)

Rank in course/Women: 5 (of 17)

Best time in course: 46:59

Rank in category: 1(of 5)

Best time in the category: 56:00

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|---------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|--|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Control | 5.00 | 28:28 | 5:41 | 1 | - | 4 | 5:02 | 5.00 | 28:28 | 5:41 | 1 | - | 14 | | |
| Finish | 5.00 | 27:32 | 5:30 | 2 | 0:08 | 6 | 3:59 | 10.00 | 56:00 | 5:35 | 1 | - | 5 | 9:01 | |