



2. Hennesee Panorama Lauf
 Meschede - Hennesee / 05.10.2014

Detailed evaluation

Hülsmann, Svenja

Club: Warstein
 Number: 785

Course: 10.00 km
 10.000 m Lauf

Category:
 Frauen (20-29 Jahre)

Total time: 56:00

Speed: 10.71 km/h
 Running performance: 5:36 min/km

Rank in course/Total: 10 (of 26)

Rank in course/Women: 5 (of 17)

Best time in course: 46:59

Rank in category: 1(of 5)

Best time in the category: 56:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Control	5.00	28:28	5:41	1	-	4	5:02	5.00	28:28	5:41	1	-	14		
Finish	5.00	27:32	5:30	2	0:08	6	3:59	10.00	56:00	5:35	1	-	5	9:01	