



2. Hennesee Panorama Lauf
 Meschede - Hennesee / 05.10.2014

Detailed evaluation

Deventer, Anna Katharina

Club: Meschede
 Number: 787

Course: 10.00 km
 10.000 m Lauf

Category:
 Frauen (20-29 Jahre)

Total time: 56:32

Speed: 10.61 km/h
 Running performance: 5:39 min/km

Rank in course/Total: 12 (of 26)
 Rank in course/Women: 7 (of 17)

Best time in course: 46:59
 Rank in category: 3(of 5)
 Best time in the category: 56:00

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Total			
	km	Time			min/km	Cat.		Cat.	Women			Women	km	Time	min/km
Control	5.00	29:08	5:49	3	0:40	7	5:42	5.00	29:08	5:49	3	0:40	12		
Finish	5.00	27:24	5:28	1	-	5	3:51	10.00	56:32	5:39	3	0:32	7	9:33	