



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Tillmann, Marion

Club: TV Eversberg
Number: 774

Course: 10.00 km
10.000 m Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 58:35

Speed: 10.24 km/h
Running performance: 5:52 min/km

Rank in course/Total: 15 (of 26)
Rank in course/Women: 9 (of 17)
Best time in course: 46:59

Rank in category: 3(of 4)
Best time in the category: 48:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	5.00	29:45	5:57	3	5:30	9	6:19	5.00	29:45	5:57	3	5:30	11	0:06
Finish	5.00	28:50	5:46	3	4:57	9	5:17	10.00	58:35	5:51	3	10:27	9	11:36