



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Grewe, Christina

Club: TUS Wallenstein
Number: 750

Course: 10.00 km
10.000 m Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 58:09

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 14 (of 26)
Rank in course/Women: 8 (of 17)
Best time in course: 46:59

Rank in category: 2(of 4)
Best time in the category: 46:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	5.00	29:39	5:55	2	6:13	8	6:13	5.00	29:39	5:55	2	6:13	1	-
Finish	5.00	28:30	5:42	2	4:57	8	4:57	10.00	58:09	5:48	2	11:10	8	11:10