



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Werner, Tim

Club: Laufgruppe Stadt Arnsberg
Number: 746

Course: 10.00 km
10.000 m Lauf

Category:
Männer (20-29 Jahre)

Total time: 57:51

Speed: 10.37 km/h
Running performance: 5:47 min/km

Rank in course/Total: 13 (of 26)

Rank in course/Men: 6 (of 9)

Best time in course: 39:35

Rank in category: 1(of 3)

Best time in the category: 57:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	5.00	29:48	5:57	3	0:04	8	9:51	5.00	29:48	5:57	1	-	6	9:51
Finish	5.00	28:03	5:36	1	-	6	8:25	10.00	57:51	5:47	1	-	6	18:16