



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Werner, Tim

Club: Laufgruppe Stadt Arnsberg
Number: 746

Course: 10.00 km
10.000 m Lauf

Category:
Männer (20-29 Jahre)

Total time: 57:51

Speed: 10.37 km/h
Running performance: 5:47 min/km

Rank in course/Total: 13 (of 26)

Rank in course/Men: 6 (of 9)

Best time in course: 39:35

Rank in category: 1(of 3)

Best time in the category: 57:51

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|---------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Control | 5.00 | 29:48 | 5:57 | 3 | 0:04 | 8 | 9:51 | 5.00 | 29:48 | 5:57 | 1 | - | 6 | 9:51 |
| Finish | 5.00 | 28:03 | 5:36 | 1 | - | 6 | 8:25 | 10.00 | 57:51 | 5:47 | 1 | - | 6 | 18:16 |