



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Oertel, Ben

Club: Hamburg
Number: 776

Course: 10.00 km
10.000 m Lauf

Category:
Männer (20-29 Jahre)

Total time: 59:55

Speed: 10.01 km/h
Running performance: 5:59 min/km

Rank in course/Total: 16 (of 26)

Rank in course/Men: 7 (of 9)

Best time in course: 39:35

Rank in category: 2(of 3)

Best time in the category: 57:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	5.00	29:44	5:56	1	-	6	9:47	5.00	29:44	5:56	2		7	9:47
Finish	5.00	30:11	6:02	2	2:08	7	10:33	10.00	59:55	5:59	2	2:04	7	20:20