



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Kalkhof, Ina

Club: KCKB eV
Number: 640

Course: 17.50 km
Panorama Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:15:23

Speed: 7.53 km/h
Running performance: 7:44 min/km

Rank in course/Total: 70 (of 71)
Rank in course/Women: 17 (of 17)
Best time in course: 1:17:08

Rank in category: 4(of 4)
Best time in the category: 1:41:37

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Control | 5.00 | 36:59 | 7:23 | 4 | 6:30 | 17 | 13:45 | 5.00 | 36:59 | 7:23 | 4 | 6:30 | 2 | 8:13 |
| Kontrolle | 5.00 | 40:18 | 8:03 | 4 | 10:34 | 17 | 17:24 | 10.00 | 1:17:17 | 7:43 | 4 | 17:04 | 2 | 21:22 |
| Control | 5.00 | 38:43 | 7:44 | 4 | 11:20 | 17 | 18:11 | 15.00 | 1:56:00 | 7:44 | 4 | 28:24 | 2 | 34:53 |
| Finish | 2.50 | 19:23 | 7:45 | 4 | 5:22 | 17 | 8:55 | 17.50 | 2:15:23 | 7:44 | 4 | 33:46 | 17 | 58:15 |