



2. Hennesee Panorama Lauf
 Meschede - Hennesee / 05.10.2014

Detailed evaluation

Hesse, Gaby

Club: -
 Number: 749

Course: 10.00 km
 10.000 m Lauf

Category:
 Seniorinnen W55 (55-59 Jahre)

Total time: 1:01:02

Speed: 9.83 km/h
 Running performance: 6:06 min/km

Rank in course/Total: 19 (of 26)
 Rank in course/Women: 11 (of 17)
 Best time in course: 46:59

Rank in category: 1(of 1)
 Best time in the category: 1:01:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	5.00	31:04	6:12	1	-	11	7:38	5.00	31:04	6:12	1	-	8	1:25
Finish	5.00	29:58	5:59	1	-	10	6:25	10.00	1:01:02	6:06	1	-	11	14:03