



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Köster, Hubert

Club: TUS Bödefeld
Number: 745

Course: 10.00 km
10.000 m Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:01:34

Speed: 9.75 km/h
Running performance: 6:10 min/km

Rank in course/Total: 20 (of 26)

Rank in course/Men: 9 (of 9)

Best time in course: 39:35

Rank in category: 1(of 1)

Best time in the category: 1:01:34

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	5.00	31:05	6:13	1	-	9	11:08	5.00	31:05	6:13	1	-	9	11:08
Finish	5.00	30:29	6:05	1	-	9	10:51	10.00	1:01:34	6:09	1	-	9	21:59