



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Hoppe, Nicole

Club: Lennestadt
Number: 742

Course: 10.00 km
10.000 m Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:06:23

Speed: 9.04 km/h
Running performance: 6:38 min/km

Rank in course/Total: 24 (of 26)
Rank in course/Women: 15 (of 17)

Best time in course: 46:59
Rank in category: 4(of 4)
Best time in the category: 46:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	5.00	34:14	6:50	4	10:48	16	10:48	5.00	34:14	6:50	4	10:48	4	4:35
Finish	5.00	32:09	6:25	4	8:36	15	8:36	10.00	1:06:23	6:38	4	19:24	15	19:24