



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Balder, Marion

Club: TV Eversberg

Number: 782

Course: 10.00 km

10.000 m Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:13:49

Speed: 8.13 km/h

Running performance: 7:23 min/km

Rank in course/Total: 26 (of 26)

Rank in course/Women: 17 (of 17)

Best time in course: 46:59

Rank in category: 4(of 4)

Best time in the category: 48:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	5.00	36:46	7:21	4	12:31	17	13:20	5.00	36:46	7:21	4	12:31	2	7:07
Finish	5.00	37:03	7:24	4	13:10	17	13:30	10.00	1:13:49	7:22	4	25:41	17	26:50