



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Strake, Eva

Club: TuS Valmetal
Number: 736

Course: 5.00 km
Jogginglauf

Category:
Frauen (20-29 Jahre)

Total time: 28:33

Speed: 10.51 km/h
Running performance: 5:43 min/km

Rank in course/Total: 11 (of 17)

Rank in course/Women: 2 (of 5)

Best time in course: 28:25

Rank in category: 1(of 2)

Best time in the category: 28:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Control	2.50	15:00	6:00	1	-	2	0:05	2.50	15:00	6:00	1	-	2	0:05
Finish	2.50	13:33	5:25	1	-	2	0:03	5.00	28:33	5:42	1	-	2	0:08