



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Bruchhage, Markus

Club: Sundern
Number: 725

Course: 5.00 km
Jogginglauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 32:23

Speed: 9.26 km/h
Running performance: 6:29 min/km

Rank in course/Total: 14 (of 17)

Rank in course/Men: 11 (of 12)

Best time in course: 20:40

Rank in category: 1(of 1)

Best time in the category: 32:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	2.50	16:28	6:35	1	-	11	5:19	2.50	16:28	6:35	1	-	11	5:18
Finish	2.50	15:55	6:21	1	-	11	6:24	5.00	32:23	6:28	1	-	11	11:43