



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Löher, Andre

Club: TriFun Hennesee
Number: 603

Course: 17.50 km
Panorama Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:09:13

Speed: 14.74 km/h
Running performance: 3:58 min/km

Rank in course/Total: 3 (of 71)

Rank in course/Men: 3 (of 54)

Best time in course: 1:08:26

Rank in category: 2(of 6)

Best time in the category: 1:08:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	20:12	4:02	1	-	1	-	5.00	20:12	4:02	2			30
Kontrolle	5.00	20:20	4:03	1	-	2	0:07	10.00	40:32	4:03	2			30
Control	5.00	18:57	3:47	2	0:10	3	0:12	15.00	59:29	3:57	2	0:09		30
Finish	2.50	9:44	3:53	2	0:38	3	0:38	17.50	1:09:13	3:57	2	0:47	3	0:47