



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Von Mach, Pierre

Club: PSV Brilon
Number: 616

Course: 17.50 km
Panorama Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:15:30

Speed: 13.51 km/h
Running performance: 4:19 min/km

Rank in course/Total: 4 (of 71)

Rank in course/Men: 4 (of 54)

Best time in course: 1:08:26

Rank in category: 1(of 10)

Best time in the category: 1:15:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	22:16	4:27	1	-	4	2:04	5.00	22:16	4:27	1	-	31	
Kontrolle	5.00	21:58	4:23	1	-	4	1:45	10.00	44:14	4:25	1	-	31	
Control	5.00	20:42	4:08	4	0:20	8	1:57	15.00	1:04:56	4:19	1	-	31	
Finish	2.50	10:34	4:13	3	0:44	7	1:28	17.50	1:15:30	4:18	1	-	4	7:04