



2. Hennesee Panorama Lauf
 Meschede - Hennesee / 05.10.2014

Detailed evaluation

Lenze, David

Club: Meschede
 Number: 644

Course: 17.50 km
 Panorama Lauf

Category:
 Männer (20-29 Jahre)

Total time: 1:21:36

Speed: 12.50 km/h
 Running performance: 4:40 min/km

Rank in course/Total: 13 (of 71)

Rank in course/Men: 11 (of 54)

Best time in course: 1:08:26

Rank in category: 3(of 6)

Best time in the category: 1:08:26

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Control | 5.00 | 24:00 | 4:47 | 3 | 3:48 | 10 | 3:48 | 5.00 | 24:00 | 4:47 | 3 | 3:47 | 38 | |
| Kontrolle | 5.00 | 23:45 | 4:45 | 3 | 3:25 | 10 | 3:32 | 10.00 | 47:45 | 4:46 | 3 | 7:12 | 38 | |
| Control | 5.00 | 22:26 | 4:29 | 3 | 3:39 | 15 | 3:41 | 15.00 | 1:10:11 | 4:40 | 3 | 10:51 | 38 | |
| Finish | 2.50 | 11:25 | 4:33 | 4 | 2:19 | 20 | 2:19 | 17.50 | 1:21:36 | 4:39 | 3 | 13:10 | 11 | 13:10 |