



## 2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

### Detailed evaluation

**Baltrusch, Torsten**

Club: LC Solbad Ravenberg  
Number: 693

Course: 17.50 km  
Panorama Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:22:29

Speed: 12.37 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 16 (of 71)

Rank in course/Men: 14 (of 54)

Best time in course: 1:08:26

Rank in category: 1(of 11)

Best time in the category: 1:22:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	25:04	5:00	4	0:46	18	4:52	5.00	25:04	5:00	1	-	41	
Kontrolle	5.00	24:28	4:53	3	0:08	16	4:15	10.00	49:32	4:57	1	-	41	
Control	5.00	22:00	4:24	1	-	11	3:15	15.00	1:11:32	4:46	1	-	41	
Finish	2.50	10:57	4:22	1	-	11	1:51	17.50	1:22:29	4:42	1	-	14	14:03