



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Kemper, Christoph

Club: TRI Sport Menden

Number: 628

Course: 17.50 km

Panorama Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:23:19

Speed: 12.24 km/h

Running performance: 4:46 min/km

Rank in course/Total: 17 (of 71)

Rank in course/Men: 15 (of 54)

Best time in course: 1:08:26

Rank in category: 5(of 10)

Best time in the category: 1:15:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	5.00	24:26	4:53	5	2:10	14	4:14	5.00	24:26	4:53	5	2:10	28	
Kontrolle	5.00	24:35	4:54	6	2:37	19	4:22	10.00	49:01	4:54	5	4:47	28	
Control	5.00	22:45	4:32	7	2:23	17	4:00	15.00	1:11:46	4:47	5	6:50	28	
Finish	2.50	11:33	4:37	7	1:43	21	2:27	17.50	1:23:19	4:45	5	7:49	15	14:53