



2. Hennesee Panorama Lauf
Meschede - Hennesee / 05.10.2014

Detailed evaluation

Wahl, Thomas

Club: Team Egger Brilon
Number: 691

Course: 17.50 km
Panorama Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:23:46

Speed: 12.18 km/h
Running performance: 4:47 min/km

Rank in course/Total: 19 (of 71)

Rank in course/Men: 17 (of 54)

Best time in course: 1:08:26

Rank in category: 3(of 11)

Best time in the category: 1:22:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	24:51	4:58	3	0:33	17	4:39	5.00	24:51	4:58	4		45	
Kontrolle	5.00	24:33	4:54	4	0:13	17	4:20	10.00	49:24	4:56	4		45	
Control	5.00	23:06	4:37	3	1:06	19	4:21	15.00	1:12:30	4:49	4	0:58	45	
Finish	2.50	11:16	4:30	2	0:19	15	2:10	17.50	1:23:46	4:47	3	1:17	17	15:20