



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Salewski, Olaf

Club: GROB-FAHR-LÄSSIG
Number: 637

Course: 17.50 km
Panorama Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:28:13

Speed: 11.56 km/h
Running performance: 5:02 min/km

Rank in course/Total: 26 (of 71)

Rank in course/Men: 24 (of 54)

Best time in course: 1:08:26

Rank in category: 4(of 10)

Best time in the category: 1:17:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	26:05	5:13	4	2:48	23	5:53	5.00	26:05	5:13	4	2:48	50	
Kontrolle	5.00	25:42	5:08	4	2:45	24	5:29	10.00	51:47	5:10	4	5:33	50	
Control	5.00	24:40	4:56	5	4:04	27	5:55	15.00	1:16:27	5:05	4	9:37	50	
Finish	2.50	11:46	4:42	5	1:19	25	2:40	17.50	1:28:13	5:02	4	10:56	24	19:47