



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Fischer- Behnen, Achim

Club: LG Hamm

Number: 617

Course: 17.50 km

Panorama Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:28:54

Speed: 11.47 km/h

Running performance: 5:05 min/km

Rank in course/Total: 28 (of 71)

Rank in course/Men: 25 (of 54)

Best time in course: 1:08:26

Rank in category: 2(of 5)

Best time in the category: 1:20:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	5.00	27:02	5:24	2	2:52	26	6:50	5.00	27:02	5:24	2	2:52	51	
Kontrolle	5.00	26:14	5:14	2	2:25	25	6:01	10.00	53:16	5:19	2	5:17	51	
Control	5.00	23:52	4:46	2	2:03	22	5:07	15.00	1:17:08	5:08	2	7:20	51	
Finish	2.50	11:46	4:42	2	0:39	25	2:40	17.50	1:28:54	5:04	2	7:59	25	20:28