



## 2. Hennesee Panorama Lauf Meschede - Hennesee / 05.10.2014

### Detailed evaluation

**Hermes, Paul**

Club: TriFun Hennesee  
Number: 625

Course: 1.00 km  
Kinder- und Jugendlauf

Category:  
männliche Kinder U10 (8-9 Jahre)

Total time: 4:36

Speed: 13.04 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 3 (of 12)

Rank in course/Men: 2 (of 5)

Best time in course: 4:20

Rank in category: 2(of 3)

Best time in the category: 4:20