



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Kloke, Markus

Club: Eslohe
Number: 723

Course: 17.50 km
Panorama Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:31:32

Speed: 11.14 km/h
Running performance: 5:14 min/km

Rank in course/Total: 33 (of 71)

Rank in course/Men: 29 (of 54)

Best time in course: 1:08:26

Rank in category: 8(of 10)

Best time in the category: 1:15:30

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	5.00	28:04	5:36	9	5:48	34	7:52	5.00	28:04	5:36	8	5:48	2	
Kontrolle	5.00	26:28	5:17	8	4:30	28	6:15	10.00	54:32	5:27	8	10:18	2	
Control	5.00	24:54	4:58	9	4:32	30	6:09	15.00	1:19:26	5:17	8	14:30	2	
Finish	2.50	12:06	4:50	9	2:16	29	3:00	17.50	1:31:32	5:13	8	16:02	29	23:06