



2. Hennesee Panorama Lauf

Meschede - Hennesee / 05.10.2014

Detailed evaluation

Pape, Alfred

Club: DLRG-Schmallenberg
Number: 646

Course: 17.50 km
Panorama Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:32:07

Speed: 11.07 km/h
Running performance: 5:16 min/km

Rank in course/Total: 34 (of 71)

Rank in course/Men: 30 (of 54)

Best time in course: 1:08:26

Rank in category: 6(of 10)

Best time in the category: 1:17:17

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Control | 5.00 | 27:57 | 5:35 | 6 | 4:40 | 29 | 7:45 | 5.00 | 27:57 | 5:35 | 7 | 4:40 | 5 | |
| Kontrolle | 5.00 | 26:31 | 5:18 | 6 | 3:34 | 30 | 6:18 | 10.00 | 54:28 | 5:26 | 7 | 8:14 | 5 | |
| Control | 5.00 | 25:15 | 5:02 | 7 | 4:39 | 33 | 6:30 | 15.00 | 1:19:43 | 5:18 | 7 | 12:53 | 5 | |
| Finish | 2.50 | 12:24 | 4:57 | 7 | 1:57 | 33 | 3:18 | 17.50 | 1:32:07 | 5:15 | 6 | 14:50 | 30 | 23:41 |